



## Term 5 2018 - 22nd October 2018 to 23rd December 2018

**50% Deposit is due at time of sign up, remaining fees are due by end of week 1**  
**Early Bird discount when paying in FULL prior to upto 2 weeks before term starts (Monday 8th October 2018)**  
**ALL SALES ARE FINAL. NO REFUNDS OR TRANSFERS NO EXCEPTIONS**

### [BOOK NOW!!](#)

Please Note: Classes are subject to change. ShowPony Pole & Burlesque will endeavour to inform all students of changes and provide a substitute or makeup class if and when available.

**Missed classes MUST be caught up within the same term of the class missed. No classes or fees can be carried across terms.**

Mini Terms / Workshops are run at the discretion of ShowPony Pole & Burlesque. They are not included in regular term fees and are not transferable across terms.

Time	Mondays	Tuesdays	Tuesdays Studio 2	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
9:30am	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)		OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)	Stretch & Flex	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)
10:00am							ShowGirls	
10:30am							Pole Jam	
11:00am							Practice Time	
11:30am								
12:00pm	Pole Jam							
12:30pm								
1:00pm	Tricks & Technique							
1:30pm								
5:00pm	Prep Advance 1 FULL	Intermediate 4		Intermediate 3	Pole Jam	Practice Time	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)
6:00pm	Burlesque 1	Intermediate 1		Intermediate 4 - FULL	Tricks & Technique	Adv Pole Jam		
7:00pm	Chair Dance 1 SPOT LEFT	Intermediate 2 - FULL		Prep Advance 1 - FULL	Pole Jam - FULL			
8:00pm	Prep Advance 2	Beginners	Burlesque 1 - STUDIO 2	Prep Advance 2	Pole Jam 1 SPOTS LEFT	OPEN FOR PRIVATES (BOOKINGS ESSENTIAL)		
9:00pm	Intermediate 3 1 SPOT LEFT	Prep Advance 1	Stretch & Flex - STUDIO 2	Tricks & Technique	Intermediate 1			



## Class Descriptions

**Leveled classes - 10 week courses aimed at developing all round fitness, flexibility and strength. Must complete all levels and some multiple times.**

- Pole Jam - Beginners and up - Learn a new pole routine each week
- Fusion - Beginners and up - Learn a new routines each fortnight. Pole infused with various other dance styles
- Sexy - Beginners and up - Learn a new sexy routine each week (floor/chair/pole)
- Chair Dance - Beginners and up - Learn a new chair dance routine each week
- Overhaul - Beginners and up - Conditioning and toning all the things!
- Stretch and Flex - Beginners and up - Get bendy for pole and burlesque! Back, shoulder, Splits, hips and overall flex development
- Burlesque - Beginners and up - Learn a troupe style routine to perform in a style of burlesque
- Burlesque Jam - Beginners and up - Learn a quickie routine in one class, focussing on one style of burlesque per class.
- Showgirls - Advanced burlesque - Open to those who have completed 3 terms of burlesque
- Floorwork - Beginners and up - Learn a sexy floor routine each week
- Adv Pole Jam - Int 4 and up - Learn a new pole routine each week

**STUDENTS CANNOT SKIP LEVELS - REGARDLESS OF DANCE/ FITNESS BACKGROUND.**

**ALL LEVELS MUST COMPLETED AND LEVEL PROGRESSION IS AT THE DISCRETION OF SHOWPONY MANAGEMENT**

## Terms & Conditions

**50% Deposit is due at time of sign up, reaming fees are due by end of week 1.**

**Early Bird discount when paying in FULL prior to WEEK 1.**

**ALL SALES ARE FINAL. NO REFUNDS OR TRANSFERS NO EXCEPTIONS**

Teachers and classes may be subject to change without notice. If a class is cancelled you may be asked to choose another class. ShowPony Pole & Burlesque takes all reasonable care in the conduct of its classes.

By entering our dance studio you agree that ShowPony Pole & Burlesque is in no way responsible for injury or loss caused during classes or whilst participants are at or near the studios.

CLASSES NEED MIN NUMBERS TO RUN AND MAY BE CANCELLED AT ANY TIME IF THESE NUMBERS AREN'T MET. We reserve the right to cancel classes at anytime. We will try to provide ample time and options for you to makeup the classes.

If you want to move up from a level higher, you must book a grading with [Dallas Dee](#) to ascertain your level.

You must be 18yrs or over to participate in classes @ ShowPony Pole & Burlesque.

**NO REFUNDS. NO CARRY OVERS BETWEEN TERMS. NO EXCEPTIONS!**